Health and Travel Clinic

Dr. Howard Heller, Associate Medical Director
MIT Medical
Top 10 List

1. International SOS  www.internationalSOS.com
   DOWNLOAD THE APP NOW!!!

2. CDC Travelers’ Health  www.cdc.gov/travel

3. MIT Medical Travel Clinic
   https://medical.mit.edu/services/travel-health-clinic

4. Immunizations (hepatitis A, typhoid, polio etc.)

5. Malaria and other mosquito-borne diseases (dengue, chikungunya etc.)
Top 10 List

6. Travelers diarrhea

7. BlueCard Worldwide
   https://www.bluecardworldwide.com/

8. Access to $10,000

9. Submit bills to Blue Cross for reimbursement within 30 days!

10. Needs assessment for international programs